



NutriCrafters

Quality Crafted Health Products



800-240-8109



eogniScent
Pheromone Formula

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Welcome



Thank you for turning the page and opening this catalog.

For those of you that are new to NutriCrafters, I am Dale Fowkes, founder and manager of NutriCrafters.

I founded Nutricrafters in 2013, have personally managed it for 11 years, and plan to continue doing so for many years to come.

Call us, press 3—and you get through to me. Where else can you get through to the founder and CEO? Questions? Call me directly, I'm here to help. **1-800-240-8109 Option 3**

I started making vitamins for family, friends, and celebrities in 1978 under the direction of those who designed and consumed them. 45 years later, those who taught me how to do it, and do it right, continue to rely on me to support their supplement needs, both personal and professional.

My journey started at Vitamin Research Products, right when the *Life Extension* movement began to explode. I didn't just observe—I got involved with every aspect of the business: raw material sourcing, recipe formulation, costing, compliance, manufacturing—you name it. By working from the ground up, I learned how to separate true quality from marketing fluff.

In 2000, I co-founded Health Freedom Nutrition, and in 2013, I launched NutriCrafters to get back to what supplements were meant to be—tools to restore the nutritional value stripped from our modern food supply.

Let's face it: most supplements on the market today are just mass-produced "widgets" designed for shelf appeal, not for health. They're sold by marketers or doctors who don't understand manufacturing, or worse—by profiteers who don't care. That's not us.

At NutriCrafters, we don't cut corners. We source with intention. We formulate based on science. And we make products we give to our own friends and family—because **we're not in this just to sell products... we're here to build health.**

So if you're tired of the hype, the smoke and mirrors, and the endless parade of flashy labels with little substance behind them—welcome. You've found a company that still believes in doing things the right way.

Our Mission

Our mission is to bring supplements back to what they were meant to be: **tools for rebuilding health in a world that's breaking it down.**

We create purpose-driven formulas designed to **restore the essential nutrients modern food processing, soil depletion, and industrial lifestyles have drained from our bodies.** This isn't about gimmicks or hype—it's about giving your body the raw materials it needs to function, repair, and thrive.

But we don't stop there.

Our secondary mission is to **support genetic individuality and protect against the toxic overload of modern living**—pollution, synthetic chemicals, and stressors our ancestors never faced. We recognize that every body is different, and health solutions must adapt to that reality. Our formulations are built with flexibility, resilience, and human biochemistry in mind—not marketing trends.

Our Vision

We envision a world where supplements are no longer mass-produced widgets for shelf appeal, but **powerful, precision-crafted tools for real people**—used to defend, restore, and elevate health in the face of an increasingly toxic and nutrient-starved environment.

At NutriCrafters, we're not in the business of making products.

We're in the business of promoting health—one honest formula at a time.

-
- **Capsules not Tablets**
 - **Freshness Dated Products**
 - **Manufacture Direct Shipments**
 - **Low and No Sugar Drink Mixes**
 - **Preservative Free Liquid Formulations**

Visit www.nutristand.com or call 1-800-240-8109

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Calm Down with Magnolia

Magnolia Bark Extract is a traditional Chinese medicine made from the bark of the Magnolia officinalis tree. It has been used for thousands of years to help ease digestion, support emotional well-being and for “stagnation of qi” (low energy).

Our Magnolia products are highly concentrated for magnolia’s active ingredients, honokiol and magnolol.

Magnolia Extract 30mg 90 capsules \$19.95 Retail \$14.96 Sale Price

Magnolia Extract 30mg provides 30mg of extract containing 90% honokiol and magnolol in an even ratio. Blended with cellulose fiber and supplied in a cellulose capsule. Try this first to see if the relaxing and calming action is right in this amount.



Magnolia Max 100mg 60 capsules \$19.95 Retail \$14.96 Sale Price

Magnolia Max provides 100mg of extract containing 90% honokiol and magnolol in an even ratio. Blended with cellulose fiber and supplied in a cellulose capsule. Try this to maximize magnolia's relaxing and calming effect.



100% Satisfaction Guaranteed!

If you are not completely satisfied with our product, you are entitled to a full refund of your purchase.

Please call 800-240-8109 within 60 days of purchase to arrange a refund of your product purchase.

or . . . **Protect Serotonin™**

The calming and rejuvenating effects of **Protect Serotonin™** are due in part to **5-HTP (5-hydroxytryptophan)**. 5-HTP is a natural dietary supplement that helps increase your brain levels of serotonin, the neurotransmitter associated with relaxed states of mind.

Increased serotonin is associated with:

- Better mood
- Improved sleep
- Calmness and tranquility
- Appetite satisfaction

On the other hand, reduced levels of serotonin are associated with feelings of stress, anxiety, and depression.

St. John's Wort and Magnolia Bark Extracts also support **Protect Serotonin's** calming and relaxing effects.

An additional 15 nutrients insure you will be a happy camper. Give it a try and enjoy the experience.

Caution: Those currently or recently using MAO inhibitor drugs, tricyclic antidepressants, SSRI's and diet drug medications, should use **Protect Serotonin** with medical supervision. Keep out of reach of children. Use only as directed. Not for use by pregnant or lactating women.

\$39.95 Retail \$29.96 Sale



Supplement Facts		
Serving Size: 1 capsule		
Servings per container: 60		
	Amount Per Serving	% Daily Value
Vitamin C (niacinamide ascorbate)	60 mg	100
Thiamine	3 mg	200
Riboflavin	1 mg	60
Niacin (niacinamide ascorbate)	20 mg	100
Vitamin B6 (pyridoxal 5-phosphate)	5 mg	250
Folic Acid	300 mcg	75
Vitamin B12 (methylcobalamin)	200 mcg	3,333
Pantothenic Acid	200 mg	2,000
Calcium (citrate, pantothenate)	20 mg	2
Magnesium (magnesium citrate)	10 mg	2
Plus: 5-HTP 45 mg * Acetyl L-Carnitine 40 mg * L-Methionine 1mg * St. John's Wort 30 mg * Magnolia Extract 15 mg * N-acetyl cysteine 10 mg * CoQ10 5 mg * Lipoic Acid 5 mg *		
* Daily value not established.		

Other Ingredients: Vegetable capsule, silicon dioxide, ascorbyl palmitate

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Nattokinase



Nattokinase supports the structure and function of the cardiovascular system by promoting normal, healthy blood flow and circulation.

Nattokinase is an enzyme extracted from Natto, a cheese-like food made from fermented soybeans. Nattokinase may contribute to the regular healthy function of the heart and cardiovascular system by enhancing fibrinolytic activity.

Each capsule contains 100 mg Nattokinase NSK-SD™ (20,000 fibrinolytic activity per gram). NSK-SD™ is a registered trademark of Japan Bio Science Laboratories.

Suggested Use: Take 1-3 capsules per day.

Supplement Facts		
Serving size 1 capsule		
Servings per container 60		
	Amount Per Serving	% Daily Value
Nattokinase (20,000 fibrinolytic activity per gram)	100 mg	†
† Daily Value not established.		

Other Ingredients: Cellulose capsule, cellulose powder, ascorbyl palmitate. **Contains Soy.**

People with ulcers, recent or pending surgery, or recent major trauma should not take Nattokinase. Generally, people with bleeding disorders, or taking prescription blood thinners, should use this product only under the close supervision of a medical doctor.

Nattokinase 60 capsules \$34.95 Retail \$26.21 Sale Price

Visit www.nutristand.com or call 1-800-240-8109

Saw Palmetto Free Prostate Protection

Prosta E8™ provides a complete combination of 21 nutrients from the highest quality sources available.

Prosta E8 contains VitaE8™ to provide the preferred type and amount of vitamin E to nourish prostate tissue.

Research has shown saw palmetto can damage healthy prostate tissue. Long known to shrink enlarged prostate, saw palmetto's actions are not specific to unhealthy prostate tissue. The prostate reducing action of saw palmetto may be the result of reducing the number of **all** prostate cells, healthy or not.

By supporting healthy hormones levels, cellular function, and anti-oxidant response, Prosta E8 may improve urinary flow and sexual health.

Suggested Use: Take 4 capsules daily with meals.

Supplement Facts		
Serving size 4 capsules		
Servings per container 30		
	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid and ascorbyl palmitate)	180 mg	300%
Vitamin E (as high gamma mixed tocopherols)	30 IU	100%
Zinc (as zinc gluconate)	15 mg	100%
Selenium (as selenomethionine)	150 mcg	214%
<i>Pygeum africanum</i> bark extract (min. 2.5% phytosterols)	370 mg	†
Stinging Nettle (<i>Urtica dioica</i>) root extract	300 mg	†
Beta Sitosterol	100 mg	†
Green tea (<i>Camellia sinensis</i>) leaf extract (min 50% EGCG, 90% polyphenols)	200 mg	†
Grape (<i>Vitis vinifera</i>) seed extract	100 mg	†
Gamma tocopherol	60 mg	†
Medium chain triglycerides (MCT)	30 mg	†
Alpha-lipoic acid	25 mg	†
Lycopene (from tomato)	10 mg	†
Tocotrienol complex	5 mg	†
Boron (as calcium borate)	2 mg	†

† Daily Value not established.

Other Ingredient: Vegetable capsule.

Prosta E8 120 caps \$46.63 Retail \$34.97 Sale Price

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Citrulline Cofactors™

Citrulline is the most convenient and effective natural nitric oxide precursor available.

Citrulline Cofactors™ provides natural ingredients to support the structure and function of the cardiovascular system. Healthy blood flow is critical to support a healthy body and that's what a good supply of nitric oxide can do for you.

Cofactors are the nutrients required to assure the maximum conversion of citrulline to supply nitric oxide when and where needed. A lack of any one of the 13 cofactors can interfere with nitric oxide production.

Suggested Use: Take 2 capsules twice daily.

Supplement Facts		
Serving size 4 capsules		
Servings per container 30		
	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid and ascorbyl palmitate)	180 mg	300%
Vitamin E (as high gamma mixed tocopherols)	30 IU	100%
Riboflavin (Vitamin B2)	850 mcg	50%
Niacin (Vitamin B3 as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxal 5-phosphate)	1 mg	50%
Folate (as (6S)-5-methylfolate, glucosamine salt) (equivalent to 400 mcg of (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	60 mcg	1000%
Pantothenic acid (Vitamin B5 as calcium pantothenate)	50 mg	500%
Citrulline	1500 mg	†
Pine (<i>Pinus pinaster</i>) bark extract	100 mg	†
Gamma tocopherol	30 mg	†
Alpha-lipoic acid	25 mg	†
Tocotrienol Complex	5 mg	†

† Daily Value not established.

Other Ingredients: Vegetable capsule (cellulose)

Citrulline Cofactors 120 Caps \$39.95 Retail \$29.96 Sale Price

Visit www.nutristand.com or call 1-800-240-8109

MelaRight Liquid Melatonin Drops

MelaRight™ liquid melatonin drops allows you to gain the full benefits of melatonin without the common side effects that many people experience with most melatonin products. With the **FlexDose System**, and some useful advise about how to properly use melatonin, you can experience restful nights and more productive days.

Taking the right amount at the right time is the goal. While this sounds simple, most products contain 10, 20, or even 30 times more than you might need.

While most of us think more is better when choosing our supplements, this is certainly not the case with melatonin.

The efficient delivery and bioavailability of MelaRight provides a very economical way to get a good night's sleep.

Suggested Use: Shake before using. Take desired dose within 1 hour of bedtime. Each dropper contains 3 mg or 40–75 mcg drops. Start with a low dose and work up as needed.

Supplement Facts	
Serving size 1 ml (1 dropper)	
Servings per container 30	
Amount Per Serving	% Daily Value
Melatonin 3 mg	†
† Daily Value not established.	

Other Ingredients: Vegetable glycerin, purified water.



MelaRight Melatonin Drops \$7.95 Retail \$5.96 Sale Price

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A selection of
top quality MCTs



nutricrafters

C-8 MCT Oil

NutriCrafters C-8 MCT Oil is a highly purified MCT oil consisting primarily of octanoic acid (C-8) rather than a blend of C-6, C-8, C-10 and C-12 found in most MCT oils. This premium C-8 MCT oil supports the production of ketones which can be used by the brain as an alternative energy source. The brain's principal source of energy is glucose. However, when glucose levels are low, this alternative source of rapid energy can be utilized. As C-8 MCT's produce ketones and do not get stored as body fat, weight management and rapid energy production are additional benefits.

Use C-8 MCT's as a substitute for some of the usual oil in your diet such as salad oil. Recommended use is 2 teaspoons 2-3 times per day. Too much MCT oil can cause stomach upset and other digestive complaints. Do not use for high heat cooking or frying.

16 fluid ounces \$30.00 Retail \$25.00 Sale Price

32 fluid ounces \$55.00 Retail \$50.00 Sale Price

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Coconut MCT Oil

NutriCrafters Coconut MCT Oil is a highly pure MCT oil consisting primarily of caprylic acid (C-8) with capric acid (C-10) derived exclusively from coconuts without any palm kernel oil. This premium MCT oil supports the production of ketones which can be used by the brain as an alternative energy source.

16 fluid ounces \$19.97 Retail \$14.98 Sale Price

32 fluid ounces \$34.95 Retail \$ 26.21 Sale Price

Easy MCT Powder

Easy MCT™ combines high energy coconut derived MCT oil with the net zero carbohydrate fiber acacia gum and cocoa fortified with the high energy electrolyte potassium.

Mix in water to create a delicious coconut milk, add to coffee as a high energy creamer, or spoon over dry cereal and add hot or cold water instead of milk.



Suggested Use: Stir into drinks or spoon over foods to add a delicious creamy taste and to supplement your diet with high energy MCT's. Start with 1 teaspoon, preferably with meals. Slowly increase the amount over several days as your body adjusts to burning fat for energy. Taking too much, especially on an empty stomach, can result in stomachache or diarrhea. Add to coffee as desired to enhance taste and prolong the energy boost.

30 servings Vanilla (240g) \$34.95 Retail \$ 26.21 Sale Price

60 servings Chocolate (600g) \$60.00 Retail \$ 45.00 Sale Price

Visit www.nutristand.com or call 1-800-240-8109

C-2500 Drink Mix



C-2500™ contains a potent supply of vitamin C from 3 sources; buffered with calcium, magnesium and potassium; and combined with health supporting herbs and prebiotic fiber in a convenient low calorie naturally sweetened drink mix.

The consumption of high dose vitamin C for health and vitality is going viral. Vitamin C and other nutrients support the structure and function of our bodies. Join the revolution and enhance your nutrition today.

Supplement Facts		
Serving Size: 1 heaping teaspoon (9 grams)		
Servings Per Container: 50		
	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrates	4g	2%
Dietary Fiber	3g	10%
Soluble Fiber	3g	
Vitamin C (ascorbic acid, calcium ascorbate, niacinamide ascorbate)	2500mg	2780%
Calcium (calcium ascorbate)	77mg	8%
Niacin (niacinamide ascorbate)	167mg	10%
Magnesium (magnesium bicarbonate)	60mg	15%
Zinc (zinc glycinate)	5mg	45%
Potassium (potassium bicarbonate)	98mg	2%
Herbal - Amino Proprietary Blend (astragalus extract, hesperidin complex, taurine, glycine, quercetin, pine bark extract, grape seed extract, rutin, green tea extract)	995mg	*
* Daily Values are based on a 2,000 calorie diet. * Daily values not established.		

Directions: Stir 1 heaping household teaspoon (2 rounded measuring teaspoons) into 4 or more ounces of water and stir until mixed. Consume 1–3 servings per day or as recommended by your health care provider. For best results, consume slowly throughout the day & between meals.

Also contains: Soluble corn fiber, citric acid, natural flavors, silicon dioxide, stevia extract, monkfruit extract.

Caution: Excessive consumption of Vitamin C may cause stomach upset, loose stool, and diarrhea. If this occurs, continue with a lower dosage once symptoms subside.

C-2500 270 grams

\$39.96 Retail

\$29.97 Sale Price

C-2500 540 grams

\$49.97 Retail

\$37.48 Sale Price



VitaE8™ supplies all eight natural vitamin E molecules. It supplies vitamin C in both water and fat soluble forms, along with lipoic acid to support vitamin E's natural antioxidant recycling functions. It

is supplied in vegetable capsules, is non-GMO, and propylene glycol free. Provides 60% of tocopherols as gamma.

Suggested use: 1–2 capsules per day with meals.

Caution: Keep out of reach of children. Use only as directed. Avoid taking VitaE8 for 3 days prior to surgical procedures.

Supplement Facts

Serving Size: 1 capsule
Servings per container: 60

	Amount Per Serving	% Daily Value
Vitamin E (d-alpha tocopherol)	30 iu	100
Vitamin C (ascorbate & palmitate)	180 mg	300
Gamma tocopherol	60 mg	*
Total tocopherols	100 mg	*
Tocotrienols	5 mg	*
Lipoic Acid	25 mg	*

*Daily value not established.

Other Ingredients: Vegetable capsule, tapioca starch, silicon dioxide.
Contains Soy.

VitaE8 60 caps

\$24.95 Retail

\$18.71 Sale Price

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Curcumin Enhanced Turmeric

Research on curcumin suggests many health promoting benefits, but also shows poor dietary absorption. **Curcumin Enhanced Turmeric™** boosts the bioavailability of curcumin by adding the other natural compounds found in turmeric.

In addition to curcumin, turmeric root contains many additional bio-active compounds including turmerin, turmerone, elemene, furanodiene, curdione, bisacurone, cyclocurcumin, calebin A, and germacrone. As research on the health benefits of these actives continues, any one of these may steal the spotlight from curcumin.

In addition, BioPerine® – a potent black pepper extract, increases the effectiveness of the numerous natural nutrients found in turmeric. Enhancing the bioavailability of curcumin and related turmeric compounds shows great promise for healthy living.

Supplement Facts		
Serving size: 2 Capsules	Servings per container 60	
	Amount Per Serving	% Daily Value
Curcumin Extract 95%	110 mg	†
Turmeric Root	1000 mg	†
BioPerine™ (black pepper extract)	5 mg	†

† Daily Value not established.

Other Ingredient: Vegetarian Capsule (cellulose)



Curcumin Enhanced Turmeric \$24.95 Retail \$18.71 Sale Price

Visit www.nutristand.com or call 1-800-240-8109



Social Pheromone Formula



- **Do you ever wish you could feel relaxed and express confidence throughout the day?**
- **Or that you could communicate with a roomful of strangers, self confident and perfectly at ease?**
- **Would you like to increase your awareness of those around you, create curiosity and allure?**
- **Now it can be effortless with CogniScent—a distinctive Pheromone formula created to enhance the effect of human pheromones.**

Pheromones

The word pheromone comes from the Greek words Pheran (to transfer) and Horman (to excite). Pheromones are complex organic compounds utilized by all animals, from protozoa to the higher primates, as a means of communication.

Continued . . .



Pheromone levels, like hormone levels, vary between each individual and decline with age. This can leave you feeling detached ... irritable ... unconfident ... and less excited about relationships, sex, and romance. To make matters worse, we wash, deodorize, clothe and perfume away our most alluring quality. In other words, you may be suppressing your naturally unique and powerful allure!

What to Expect When You Use CogniScent

The pheromones in CogniScent work primarily by stimulating the limbic system of the wearer. While there is a secondary effect on members of the opposite sex, most of the effect takes place in the person wearing CogniScent. Pheromone users have reported a wide range of benefits, including:

Elevated mood:

Women in particular seem to suffer a loss in self-confidence and sexuality following age related drops in pheromone production. Both men and women who describe themselves as feeling depressed and "down in the dumps" report an improved sense of well-being and a more positive and energetic outlook on life when wearing CogniScent. Researchers, excited by the therapeutic benefits of human pheromones in restoring sexuality and improving self-esteem, are also looking into using human pheromones to alleviate panic attacks and mood disorders.

Enhanced sexual attractiveness:

In a double-blind study testing the human pheromones contained in CogniScent, 20 women received pheromones three times a week. The women receiving the pheromones, applied topically, reported a significantly higher rate of sexual contact with men than women using a placebo. A second double-blind, placebo-controlled study found that men who received human pheromones tended to also have more sexual contact with women than the men who applied the placebo.

Enhanced romantic relationships:

CogniScent works via the reproductive endocrine system to enhance existing sexual cues and improve chances of enjoying a satisfying romantic life. One man reported that he and his spouse, caught in the doldrums of a long-term marriage, had drifted apart and were only having sex on average about five times per year. "Since I've been using pheromones, it's five times a week!"

Enhanced working relationships:

A journalist researching human pheromones decided to try CogniScent pheromones to test the results for herself. "I immediately noticed that the people I work with were looking at me and smiling more than usual. I finally realized that it was me—that I was making more eye contact with them and sending a message of confidence I didn't normally project."

Applying CogniScent

Only a small amount of CogniScent is required, as it takes but a few molecules to activate the limbic system. Since pheromones don't have to travel through the bloodstream, CogniScent begins to act immediately.

1. Gently shake bottle to coat roll-on ball, and remove cap.
2. Holding bottle so that roll-on ball is slightly turned down, apply tip to skin directly above your upper lip.
3. Draw applicator to gently "paint" a small swath the length of your lips, just under your nose, in a smooth even motion.



CogniScent dries quickly following application. The pleasant, natural scent (if scented) will quickly dissipate, but the pheromone effects of CogniScent can last up to four hours. Cogniscent may be reapplied every four hours, or as desired.

CogniScent is intended for external application only. Keep out of eyes and mucous membranes.

Available in ylang ylang scent and unscented versions.

CogniScent 10ml

Retail \$69.95

Sale Price \$52.46

Nutri Crafters

800-240-8109 www.NutriCrafters.com

Order at www.NutriStand.com

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Protect Flex™



Protect Flex™ is a one capsule per day formula designed to promote joint health, comfort, and flexibility. The benefits increase gradually over the first 6 weeks of use.

Suggested Use: Take one capsule first thing in the morning.

Supplement Facts		
Serving size 1 capsule		
Servings per container 60		
	Amount Per Serving	% Daily Value
Proprietary Blend	525 mg	†
Glucosamine HCl - vegetarian grade, curcuma longa root, bromelain, devil's claw extract, boswellia serrata extract, ginger root extract, olive leaf extract, curcumin C3, olive fruit extract, BioPerine® (black pepper extract), collagen.		
† Daily Value not established.		

Other Ingredients: Vegetable capsule, ascorbyl palmitate, silicon dioxide.

Each capsule contains a unique blend of Glucosamine HCl, Curcuma longa root, bromelain, Boswellin® (Boswellia serrata extract), ginger root extract, olive leaf extract, BioPerine® (black pepper extract), collagen, and silica.

Protect Flex 60 caps

\$39.95 Retail

\$29.96 Sale Price

Zinc Protect Spray™

Zinc Protect Spray™ provides a flexible fine mist dosage system so you can use zinc when and where needed. Carry this with you at all times to assure you have it when you need it.

Suggested Use: 1 to 3 sprays of Zinc Protect Spray as needed, up to 30 sprays per day, or as recommended by a health care practitioner. Based on recent guidelines, each spray provides 8% of the zinc daily value for adults.

Zinc Protect Spray contains 180 sprays per bottle supplying 1 milligram zinc from zinc bisglycinate.

Other Ingredients: Distilled water, vegetable glycerin, maltodextrin, sodium carboxymethyl cellulose, sodium carbonate, peppermint oil.



Zinc Protect Spray 1 fl oz.

\$7.95 Retail

\$5.96 Sale Price

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Safe D™ 30 ml dropper

Safe D™ provides a flexible dosage system for vitamin D3 combined with vitamin K2 in the natural MK7 form. Vitamin K2 protects against tissue calcification which can occur with high dose vitamin D intake.



Each bottle contains 1,500 drops and each drop contains 160 iu (international units) of vitamin D3 and 1.8 mcg Vitamin K2.

Other Ingredients: MCT Oil, olive oil, and high gamma tocopherols.

Safe D 30ml Dropper Bottle \$24.95 Retail \$18.71 Sale Price

Milk Thistle Extract

NutriCrafters Milk Thistle Extract is manufactured with premium European grade materials, cultivated in Europe and extracted in Barcelona.

The liver is a very important organ that detoxifies various metabolites, synthesizes proteins, and produces biochemicals necessary for growth and digestion. Located in the right upper quadrant of the abdomen, it is also involved in the regulation of glycogen storage, decomposition of red blood cells, and the production of hormones.



Supplement Facts		
Serving size 1 capsule	Servings per container 90	
	Amount Per Serving	% Daily Value
Vitamin C (ascorbyl palmitate)	60 mg	100
Milk Thistle Extract, seed (55-80% silymarin)	140 mg	†
† Daily Value not established.		

Other Ingredients: Cellulose capsule.

Visit www.nutristand.com or call 1-800-240-8109

Protect Potassium 360 Capsules

Protect Potassium™ is a pure high-potency potassium supplement with naturally bound bicarbonate.

Potassium is present in all body tissues and is required for normal cellular function, proper nerve transmission, muscle contraction, and kidney function.

And did you know that most Americans consume half the recommended amount of potassium?

What makes this product unique is the above average amount of potassium, and the naturally bound bicarbonate.



Bicarbonate, a naturally occurring compound, plays a critical role in various biological and environmental processes. Known chemically as HCO_3^- , it is a simple molecule with profound benefits for health, athletic performance, pH regulation, electrolyte balance, and more.

One of bicarbonate's most important functions is regulating pH levels in the body. The human body operates optimally at a slightly alkaline pH of around 7.35–7.45. Bicarbonate acts as a buffer, helping to neutralize excess acids and maintain this delicate balance.

For example, during intense exercise, the body produces lactic acid, which can lead to a drop in pH and muscle fatigue. Bicarbonate helps counteract this acidity, allowing athletes to perform longer and recover faster. This is why bicarbonate supplementation, often in the form of sodium bicarbonate, is popular among endurance athletes and those engaging in high-intensity activities.

Protect Potassium 360 Capsules \$39.95 Retail \$29.96 Sale Price

Statements in this catalog have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Call 800-240-8109
visit www.nutristand.com
Or mail this order form to:
NutriCrafters LLC
12 Glen Carran Circle
Sparks NV 89431

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Price List and Order Form

Description	Qty.	Sale	Sale	Auto	Total
		Price	Total	Orders	
Arginine HGE™ Drink Mix		\$ 26.21		\$ 22.28	
C-2500 60 Servings		\$ 37.48		\$ 31.86	
C-2500 30 Servings		\$ 37.48		\$ 31.86	
C-8 MCT Oil 16 fl oz		\$ 30.00		\$ 25.50	
C-8 MCT Oil 32 fl oz		\$ 55.00		\$ 46.75	
Carbo Defense™		\$ 26.21		\$ 22.28	
Citrul-Lean Citrus Cherry		\$ 26.22		\$ 22.29	
Citrul-Lean Citrus Passion		\$ 26.22		\$ 22.29	
Citrulline Cofactors™		\$ 29.96		\$ 25.47	
Citrulline Malate 270 grams		\$ 20.97		\$ 17.82	
Citrulline Malate 810 grams		\$ 29.97		\$ 25.47	
Coconut MCT Oil 16 fl. Oz.		\$ 19.97		\$ 16.97	
Coconut MCT Oil 32 fl. Oz.		\$ 34.95		\$ 29.71	
CogniScent™ Scented		\$ 59.03		\$ 50.17	
CogniScent™ Unscented		\$ 59.03		\$ 50.17	
Curcumin Enhanced Turmeric™		\$ 18.71		\$ 15.90	
D-Ribose		\$ 22.48		\$ 19.11	
DHEA 25mg 60 Capsules		\$ 11.21		\$ 9.53	
DHEA Spray 5mg x 160 sprays		\$ 13.46		\$ 11.44	
Easy MCT Vanilla Powder Mix		\$ 26.21		\$ 22.28	
Easy MCT Chocolate Powder Mix		\$ 45.00		\$ 38.25	
EDTA 500 mg 60 Capsules		\$ 14.95		\$ 12.71	
Enhanced EDTA		\$ 29.96		\$ 25.47	
Garcinia Oolong Tea		\$ 48.75		\$ 41.44	
GH Advantage		\$ 22.46		\$ 19.09	
IC+ NAC Eye Drops		\$ 34.25		\$ 29.11	
Magnesium Bisglycinate		\$ 18.71		\$ 15.91	
Magnolia 30mg Extract		\$ 14.96		\$ 12.72	

Magnolia Full Spectrum Extract		\$ 29.96		\$ 25.47	
Magnolia Max		\$ 18.73		\$ 15.92	
MelaRight™ Melatonin Drops		\$ 5.96		\$ 5.07	
Milk Thistle Extract		\$ 18.73		\$ 15.92	
Nattokinase		\$ 26.21		\$ 22.28	
Phosphatidyl Serine 90 Caps		\$ 37.48		\$ 31.86	
Prosta E8™		\$ 34.97		\$ 29.73	
Protect Cardio Drink Mix		\$ 45.00		\$ 38.25	
Protect Cardio +EDTA Drink Mix		\$ 48.75		\$ 41.44	
Protect EDTA™ with Malic & Garlic		\$ 29.96		\$ 25.47	
Protect Flex™		\$ 29.96		\$ 25.47	
Protect Minerals™		\$ 18.71		\$ 15.91	
Protect Multi™		\$ 29.96		\$ 25.47	
Protect Omega DHA™		\$ 22.46		\$ 19.09	
Protect Potassium™		\$ 29.96		\$ 25.47	
Protect Serotonin™		\$ 29.96		\$ 25.47	
Safe D 30 ml dropper bottle		\$ 18.71		\$ 15.91	
Smart Advantage™		\$ 26.21		\$ 22.28	
SustaZn		\$ 26.23		\$ 22.30	
VitaE8™		\$ 14.98		\$ 12.73	
Zinc Protect Spray™		\$ 5.96		\$ 5.07	

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100% Satisfaction Guaranteed!

**If you are not completely
satisfied with our product,
you are entitled to a full refund of
your purchase.**

**Please call 800-240-8109
within 60 days of purchase to
arrange a refund of your
product purchase.**

SustaZn 180 Capsules

Intestinal Lining Support

SustaZn™ is an advanced zinc delivery system designed to provide sustained released zinc targeted to support the structural integrity of zinc finger proteins within the gastro intestinal (GI) tract.

Zinc fingers are a type of protein structure that is found in various proteins throughout the body, including in the gastrointestinal (GI) tract. They are called zinc fingers because they contain one or more zinc ions that help stabilize the structure.



In the GI tract, zinc fingers are found in a variety of proteins that play important roles in digestive processes. For example, zinc fingers are present in enzymes that break down carbohydrates, fats, and proteins in the stomach and small intestine. They are also found in transporters that move nutrients and other molecules across the intestinal lining.

Studies have shown that certain zinc finger proteins can regulate the expression of genes that are involved in the maintenance of the intestinal epithelium and genes that support a healthy gut microbiome.

SustaZn 180 Capsules

\$34.97 Retail \$26.23 Sale Price

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GH Advantage™ Drink Mix

GH Advantage™ contains a powerful combination of natural ingredients researched for their ability to actively enhance the release of GH (growth hormone) and improve immune function. GH release decreases with age and restoring youthful levels has been shown to provide broad health benefits.

Supplement Facts		
Serving size: 1 rounded teaspoon (8 grams)		
Servings per container: 30		
	Amount Per Serving	% Daily Value
Riboflavin (vitamin B2)	1.7 mg	100
Choline (dihydrogen citrate)	220 mg	45
L-Arginine Pyroglutamate	2000 mg	†
L-Lysine HCl	2000 mg	†
Uridine 5-phosphate	100 mg	†

† Daily Value not established.

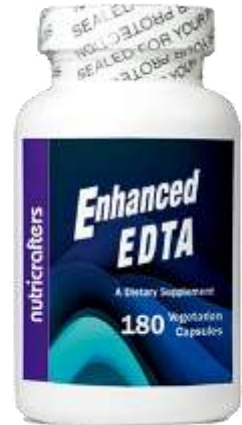
Other Ingredients: Malic acid, natural flavor, silicon dioxide, stevia leaf extract, monk fruit extract.

To protect against growth hormone tolerance, **GH Advantage™** should be taken three times per week or every third day. Excessive daily stimulation of growth hormone can build tolerance and skipping at least one day between servings is supported in the research.

30 servings—180 grams \$29.95 Retail \$22.46 Sale Price

Enhanced EDTA 180 Capsules

Enhanced EDTA™ contains the most researched form of EDTA combined with malic acid to enhance detoxification. Our most economical EDTA supplement supplying a 60 day supply of 1,000mg EDTA per day. For the added protection of garlic and cysteine, see Protect EDTA on page 36



Enhanced EDTA 180 Capsules \$39.95 Retail \$29.96 Sale Price

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Protect Cardio Drink Mix

Protect Cardio™ provides nutrients to support the biochemical and electrical signaling of the cardiovascular system.

Potassium rich to support nerve and muscle function as well as a steady heart beat.

Potassium supports healthy blood pressure, heart rhythm, and promotes energy and vitality.



The nitrogen rich amino acids arginine and citrulline aid the production of nitric oxide, a cardiovascular signalling molecule needed to support the healthy contractions and relaxation of vessels within the cardiovascular system.

High gamma vitamin E is included to protect against free radical oxidation that occurs as a result of nitric oxide production and intense physical activity.

- **3,000 mg arginine** — provides an immediate burst of nitric oxide
- **500 mg citrulline** — promotes extended nitric oxide release
- **1,250 mg potassium** — supports healthy blood pressure & heart rhythm
- **Multiple nutrient cofactors** — assure efficacy and safety
- **Available with or without 500mg EDTA per serving.**

Supplement Facts		
Serving Size: 1 heaping teaspoon (11.5 grams)		
Servings Per Container: 30		
	Amount Per Serving	% Daily Value*
Calories	21	
Total Fat	0 g	0%
Total Carbohydrates	0 g	0%
Fiber	4 g	8%
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin E (as high gamma mixed tocopherols)	15 mg	100%
Riboflavin (Vitamin B2)	0.85 mg	70%
Niacin (Vitamin B3 as niacin)	20 mg	130%
Vitamin B6 (as pyridoxal 5-phosphate)	1 mg	60%
Folate (as (6S)-5-methyltetrahydrofolic acid calcium salt)	200 DFE	50%
Vitamin B12 (as methylcobalamin)	25 mcg	25000%
Pantothenic acid (Vitamin B5)	60 mg	1000%
Magnesium (magnesium carbonate)	75 mg	20%
Potassium (potassium carbonate)	1250 mg	25%
L-Arginine	3000 mg	†
L-Citrulline	500 mg	†
EDTA (calcium disodium)	500 mg	†
Beet Root	300 mg	†
Pine Bark Extract	100 mg	†
Gamma Tocopherol	30 mg	†
Lipoic Acid	10 mg	†

* Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Malic acid, natural flavor, stevia leaf extract, monk fruit extract.

30 servings 330 grams \$60.00 Retail \$45.00 Sale Price

With EDTA 345 grams \$65.00 Retail \$48.75 Sale Price

Citrul-Lean™ Drink Mix

Citrul-Lean™ is a delicious and ready to mix drink that supports lean muscles, healthy circulation, and weight management.

A Great tasting drink available in Cherry Passion Flavor or Citrus Cherry Flavor.

Sugar Free with natural flavors and sweeteners.



30 servings Citrus Cherry \$34.96 Retail \$ 26.22 Sale Price

30 servings Cherry Passion \$34.96 Retail \$ 26.22 Sale Price

Citrulline Malate Powder

Pure Citrulline Malate 2:1 is a mild and slightly tart tasting powder that mixes easily in water, juice, smoothie, etc.

Citrulline increases cellular arginine and can enhance nitric oxide production. Nitric oxide can support healthy cardiovascular function by increasing blood flow and relaxing blood vessels.

Furthermore, citrulline plays a crucial role in the urea cycle, the body's main method of eliminating toxic ammonia produced as our muscles function. By assisting in this detoxification process, citrulline can support strong healthy muscle mass in active adults and slow muscle loss as we age.

Malic acid is a key part of the Krebs cycle, which is how the body generates energy from food.

270 grams \$39.96 Retail \$ 29.97 Sale Price

810 grams \$39.96 Retail \$ 29.97 Sale Price

Visit www.nutriland.com or call 1-800-240-8109

Garcinia Oolong Tea Drink Mix

Morning Energizer – Pre-workout – Weight Management

Garcinia Oolong Tea™ provides four high energy minerals commonly deficient in modern-day diets combined with Garcinia cambogia and polyphenol rich Oolong tea in a sugar free dry beverage mix that can be enjoyed hot or cold.

Garcinia cambogia supplies naturally occurring hydroxycitric acid (HCA) commonly used to enhance metabolism, curb appetite, and manage weight.



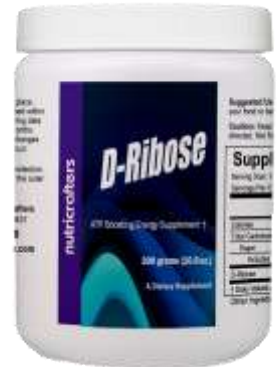
Oolong tea is a natural source of caffeine and healthy antioxidant polyphenols. Sugar free and naturally flavored.

Start your day with HCA to support a healthy and vibrant metabolism.

45 servings (248 grams) \$65.00 Retail \$48.75 Sale Price

D-Ribose Powder

D-Ribose (also known as ribose) is a simple sugar produced in the body that is used by all living cells. It is part of the building blocks that form DNA and RNA molecules, and is one of the crucial ingredients in the production of adenosine tri-phosphate (ATP).



60 servings (300 grams) \$30.00 Retail \$ 22.48 Sale Price

Arginine HGE Drink Mix

Arginine HGE™ provides nutrients to enhance the production of nitric oxide, support a healthy cardiovascular system, and promote sexual function.

High gamma vitamin E (HGE) is included to protect against free radical damage that can occur as a result of excessive nitric oxide production and intense physical activity.

- **6,000 mg arginine** — provides an immediate burst of nitric oxide
- **600 mg citrulline** — promotes extended benefits
- **Multiple nutrient cofactors** — assures efficacy and safety



Suggested Retail \$34.95

Save 25% 26.21

www.nutristand.com

800-240-8109

Statements in this catalog have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Suggested Use: Stir one heaping teaspoon into 4-6 ounces of cold water and enjoy before exercise or at bedtime.

Supplement Facts

Serving size: 1 heaping teaspoon (11.5 grams)

Servings per container: 20

	Amount Per Serving	% Daily Value
Vitamin C (ascorbic acid)	180 mg	300
Vitamin E (as high gamma mixed tocopherols)	30 iu	100
Riboflavin (Vitamin B2)	850 mcg	50
Niacin (Vitamin B3 as niacinamide)	20 mg	100
Vitamin B6 (as pyridoxal 5-phosphate)	1 mg	50
Folate (as (6S)-5-methylfolate, glucosamine salt) (equivalent to 400 mcg (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	200 mcg	50
Vitamin B12 (as methylcobalamin)	600 mcg	10000
Pantothenic acid (Vitamin B5)	50 mg	500
L-Arginine	6000 mg	†
L-Citrulline	600 mg	†
Beet Root	300 mg	†
Pine Bark Extract	100 mg	†
Gamma Tocopherol	30 mg	†
Lipoic Acid	10 mg	†

† Daily Value not established.

Other Ingredients: Malic acid, citric acid, natural flavor, tapioca starch, stevia leaf extract, monk fruit extract.



Want a capsule formula?

See Page 10 for Citrulline Cofactors

There is something about fish oil that most people, and even many scientists, don't realize.

The health benefits of the omega-3 fatty acids found in fish oil are well-known. It's also well-known that we should limit our consumption of fish due to the widespread contamination of mercury in our environment. Mercury becomes concentrated throughout the food chain causing larger fish to pose more risk.

Consuming highly purified omega-3 fish oil products is a wise solution for those looking to gain the benefits of traditional fish consumption without the risk of mercury contamination.

Many high-end fish oil products are extracted from small algae eating fish such as sardines and anchovies in order to limit mercury contamination. A process called molecular distillation is used to eliminate any mercury that may still exist.

The final product provides a very safe source of the two highly studied omega fish oil nutrients EPA and DHA. These two nutrients are so vital to overall health that most nutrition scientists put this at the top of any shopping list.

However there is something very different about the omega-3 oil found in supplements and the omega-3 oil found in wild caught fish. The difference is very easy to understand, however scientists are just starting to focus on this very important difference.

The ratio of these two omega-3 fatty acids found in most supplements is opposite of what you find natural fresh fish.

Omega-3 fatty acid fish oil supplements generally have about 1/3 DHA and 2/3 EPA. Most fresh wild caught fish has less EPA with DHA being predominate in almost all cases.

DHA is a structural and functional component of all cellular membranes. Promising research continues to expand focusing on DHA's role in the healthy structure and function of the brain, eyes, and nervous system.

About five years ago, I started adding an algae derived DHA supplement to my fish oil intake. I noticed a rapid improvement in my ability to think clearly with a positive focus. My mental and physical energy increased, and I had a more positive outlook on life.

Ever since this change, I've been looking for a fish oil product that has a better ratio of DHA and EPA. Algae derived DHA is expensive and I would rather take one product. I was happy to find that my most trusted source of fresh and clean marine oil is now producing an omega-3 softgel with the ratio I have been seeking.

I am happy to add this product to the ever growing line of exceptional formulas available from NutriStand.com

Protect Omega DHA™

Protect Omega™ offers high levels of DHA from Omega-3 oils from molecularly distilled fish oil. Omega-3's may improve your heart and brain functions, while at the same time boosting your mood. Unlike most Omega-3 products, Protect Omega provides a higher amount of DHA than EPA — just like you would find in most wild caught fish.

Now with 427 mg DHA and 298 mg EPA per Softgel.

Suggested Use: As a dietary supplement, take 1 to 2 softgels per day with breakfast and dinner.

Supplement Facts	
Serving size 1 softgel	
Servings per container 60	
Amount Per Serving	% Daily Value
Calories 9	
Calories from fat 9	
Total fat 1 g	<2%
Cholesterol 10 mg	2%
Fish Oil Concentrate 1 gram	1
Total Omega-3 Fatty Acids (as ethyl esters) (E.E.) 819 mg	1
DHA (docosahexaenoic acid) 427 mg	1
EPA (eicosapentaenoic acid) 298 mg	1

† Percent daily values are based on a 2,000 calorie diet.
‡ Daily Value not established.

Other ingredients: Gelatin, glycerin, purified (deionized) water, mixed tocopherols (as antioxidant).

Allergy Information: Fish (fish oil), Soy (tocopherols).



Protect Omega DHA 60 softgels 29.95 Retail \$22.46 Sale

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DHEA 25mg 60 Caps

DHEA (Dehydroepiandrosterone), is a steroid hormone that decreases as we age. It is one of the most abundant circulating steroids in humans. It is produced in the adrenal glands, the gonads, and the brain, where it functions as a metabolic intermediate in the biosynthesis of the androgen and estrogen sex steroids.

DHEA Levels increase during puberty, peak in the mid 20's, and decline as we age. At age 80, DHEA blood levels are about 15% of peak levels, and 5% at age 90.

DHEA 25mg 60 caps \$14.95 Retail \$11.21 Sale Price

DHEA Spray 160 x 5mg

NutriCrafters Spray DHEA enhances bioavailability with a unique triglyceride base.

Suggested Use: 1 spray per day or as recommended by a health care practitioner,

Supplement Facts	
Serving size 0.17 ml (1 spray)	
Servings per container 160	
Amount Per Serving	% Daily Value
DHEA (dehydroepiandrosterone)	5 mg *
† Daily Value not established.	

Other Ingredients: MCT (medium chain triglycerides), ethanol, high gamma mixed tocopherols, peppermint and lemon oil.



DHEA Spray \$17.95 Retail \$13.46 Sale Price

Phosphatidyl Serine

Phosphatidyl Serine (PS) is a critical phospholipid component of the plasma membrane in neural tissue. PS supports the structure and function of the brain and nervous system which may improve memory, learning, concentration, mood, and alertness.

Let PS help you...

- Enhance cognitive and mental function
- Boost memory and overall brain function
- Increase DHA function
- Improve your outlook and mood
- Support nerve transmitter release and synaptic activity.



Use PS with [Protect Omega](#) high DHA omega-3 for additional nutritional support for the brain. (listed on page 7)

Each capsule supplies 100mg Phosphatidyl Serine from 200mg soy phospholipids. Also contains vegetable grade cellulose capsule and ascorbyl palmitate.

Phosphatidyl Serine 100mg 90 caps \$49.97 Retail \$37.48 Sale Price

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Protect Multi™

Advanced Multi-Vitamin Formula

Are you looking for an advanced multi-vitamin formula to assure your body gets what it needs to support a vibrant and healthy life? Why rely on store brands that are slow to adopt emerging science that can change your life?

Protect Multi™ provides protection against nutritional deficiencies and is designed to protect us from industrial contaminants found in our food and in our environment.

The many benefits over traditional multi-vitamin products include:

- Easy to swallow and fast acting vegetarian capsules
- VitaE8 – A vitamin E containing all 8 natural forms of vitamin E as well as synergistic cofactors to keep vitamin E in its active state
- Vitamin K2 – A commonly deficient form of vitamin K that supports healthy calcium metabolism
- Active form of vitamin B6, B12 and folic acid to support a larger portion of the population
- Contains a chelator of the heavy metal lead (pb) to inhibit absorption of this dangerous heavy metal
- Contains two forms of cysteine and selenium to protect against common chemical pollution found in many homes and offices
- Highly bioavailable form of magnesium to support energy and vitality

Protect Multi 120 caps

\$39.95 Retail

\$29.96 Sale Price

Statements in this catalog have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Suggested Use: 1–2 capsules twice daily with meals.

Supplement Facts

Serving size 4 capsules
Servings per container 30

	Amount Per Serving	%Daily Value
Vitamin A (as vitamin A palmitate and alpha-carotene)	5000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	180 mg	300%
Vitamin D (as cholecalciferol, vitamin D3)	400 IU	100%
Vitamin E (as high gamma mixed tocopherols)	30 IU	100%
Vitamin K (as vitamin K2 [menaquinone-7])	45 mcg	56%
Vitamin K (as vitamin K1 [phyloquinone])	35 mcg	44%
Thiamin (vitamin B1 as thiamine hydrochloride)	1.5 mg	100%
Riboflavin (vitamin B2)	1.7 mg	100%
Niacin (vitamin B3 [nicotinic acid])	20 mg	100%
Vitamin B6 (as pyridoxal 5-phosphate)	2 mg	100%
Folate (as (6S)-5-methylfolate, glucosamine salt) (equivalent to 800 mcg of (6S)-5-methyltetrahydrofolic acid, glucosamine salt)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	100 mcg	1,167%
Biotin	300 mcg	100%
Pantothenic acid (vitamin B5 as calcium pantothenate)	10 mg	100%
Calcium (as calcium pantothenate and calcium borate)	18 mg	2%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium glycinate and magnesium oxide)	250 mg	63%
Zinc (as zinc gluconate)	22 mg	150%
Selenium (as selenomethionine and sodium selenate)	200 mcg	283%
Copper (as copper bisglycinate)	2.5 mg	125%
Manganese (as manganese bisglycinate)	5 mg	250%
Chromium (as chromium glycinate nicotinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	100 mcg	133%
Gamma tocopherol	60 mg	†
Alpha-lipoic acid	25 mg	†
Cysteine (as L-Cysteine and N-Acetyl-Cysteine)	50 mg	†
EDTA (calcium disodium)	25 mg	†
Quercetin	25 mg	†
Rutin	25 mg	†
Tocotrienol complex	5 mg	†
Boron (as calciumboroglycinate)	3 mg	†
Lycopene (from tomato)	2 mg	†
Vanadium (as vanadyl sulfate)	20 mcg	†

† Daily Value not established.

Other Ingredients: Vegetable capsule, medium chain triglycerides
Quatrefolic® is a registered trademark of Gnosis SPA. Patent No. 7,947,662

Visit www.nutristand.com or call 1-800-240-8109

Protect EDTA™

Protect EDTA™ contains multiple ingredients to chelate and detoxify environmental contaminants.

Protect EDTA contains the most researched form of EDTA combined with cysteine enriched garlic, malic acid, and parsley.

This powerful formula provides safe, mild, and effective heavy metal chelation and provides additional protection from other environmental pollutants.



Suggested Use: 1–4 capsules twice daily between meals.

Supplement Facts

Serving size 4 capsules
Servings per container 30

	Amount Per Serving	% Daily Value
EDTA (calcium disodium)	1000 mg	†
Malic Acid	900 mg	†
Cysteine (as L-Cysteine and N-Acetyl-Cysteine)	200 mg	†
Garlic (<i>Allium sativum</i>) bulb powder, deodorized	200 mg	†
Parsley (<i>Petroselinum sativum</i>) leaf powder	100 mg	†

† Daily Value not established.

Other Ingredients: Vegetable capsule, ascorbyl palmitate, medium chain triglycerides.

Caution: Not for use by children or by pregnant or lactating women.
Not for use by anyone sensitive to any of the ingredients.

Protect EDTA 120 caps \$39.95 Retail \$29.96 Sale Price

Protect Minerals™

Protect Minerals™ is a broad spectrum and bioavailable mineral formulation recommended for use with EDTA chelation supplements. Chelation therapy can reduce vital minerals, so Protect Minerals is designed to supplement mineral loss. This is a great mineral supplement to increase energy when taken during the day and enhance sleep if taken at bedtime.

Suggested Use: 6 capsules per day, in divided doses with meals or at bedtime.

Supplement Facts		
Serving size: 6 capsules		
Servings per container: 30		
	Amount Per Serving	% Daily Value
Vitamin D3 (cholecalciferol)	1,000 iu	250%
Vitamin K2 MK7 (meniquinone-7)	45 mcg	45%
Calcium (as calcium citrate and calcium triphosphate)	400 mg	40%
Phosphorus (as calcium triphosphate)	190 mg	20%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate and magnesium oxide)	500 mg	125%
Zinc (as zinc gluconate)	30 mg	200%
Selenium (as selenomethionine)	200 mcg	280%
Copper (as copper bisglycinate)	2.5 mg	125%
Manganese (as manganese bisglycinate)	5 mg	250%
Chromium (as chromium nicotinate glycinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	100 mcg	133%
Boron (as bororganic glycine)	3 mg	†
Vanadium (as vanadium nicotinate glycinate)	20 mcg	†
† Daily Value not established.		

Other Ingredients: Vegetable capsule, ascorbyl palmitate.

Protect Minerals 180 caps \$24.95 Retail \$18.71 Sale Price

Smart Advantage™

Smart Advantage™ contains ingredients to promote healthy brain function. This combination of nutrients work together to produce a unique synergistic benefit.

Each capsule of Smart Advantage contains a 200 milligram proprietary blend of arginine pyroglutamate, ginkgo biloba extract, vinpocetine, and pregnenolone.

This advanced smart nutrient formulation is the result of over 20 years of experience and research in the field of brain-enhancement through nutrition.

The ingredients in Smart Advantage may help:

- Support normal brain function
- Give you benefits that build over a period of months
- Improve memory (long-term and short-term)
- Support normal vision
- Make you feel more clear headed and alert
- Improve energy level and stamina
- Improve problem solving ability



Suggested Use: Take 1-4 capsules daily in divided doses.

Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	% Daily Value
Proprietary Blend	200 mg	†
Arginine pyroglutamate, ginkgo biloba extract, vinpocetine, pregnenolone.		

† Daily Value not established.

Other Ingredients: Rice flour, vegetable capsule, ascorbyl palmitate.

Smart Advantage 60 caps

\$34.95 Retail

\$26.21 Sale

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Magnesium Bisglycinate

Magnesium is a cofactor in more than 300 enzyme systems that regulate protein synthesis, muscle and nerve function, energy production, and many more critical functions to stay healthy. It contributes to the structural development of bone and is required for the synthesis of DNA, RNA, and the important antioxidant glutathione.

Magnesium Bisglycinate is a highly bioavailable form of magnesium focused on calming nerves, reducing anxiety, and improving sleep.

Some of the benefits of supplemental magnesium include:

- **Increased energy**
- **Calms nerves and anxiety**
- **Reduces mood swings**
- **Helps you fall asleep**
- **More productive sleep**
- **Relieves constipation**
- **Benefits heart health**
- **Supports alcohol recovery**
- **Reduces muscle aches and spasms**
- **Regulates calcium, potassium and sodium**



Each capsule provides 67mg of elemental magnesium from 670mg of Magnesium Bisglycinate

Magnesium Bisglycinate 90 caps **\$24.95** Retail **\$18.71** Sale Price

NutriCrafters **1-800-240-8109**

IC⁺™ NAC Eye Drops

IC⁺™ moisturizing eye drops offer the proven FDA-approved lubricant glycerin to sooth the eye.

IC+ eye drops also contains 1% N-acetyl-carnosine, a naturally occurring antioxidant and antiglycating agent.

For general preventive use, the recommended amount is 1–2 drops daily. Those with eye problems may want to use 2 drops twice daily. Each package contains resealable vials containing a total of about 200 drops, which allows for only a small amount of product to be exposed to oxygen at a time. Unopened vials can be stored in the refrigerator to extend shelf life.

Active Ingredient: Glycerin (lubricant).

Inactive Ingredients: Sterile water (ophthalmic grade isotonic solution, N-acetyl-carnosine (NAC), hydroxypropyl methylcellulose, boric acid, citric acid, and benzyl alcohol.



IC⁺ 2-5mil vials

\$45.67 Retail

\$34.25 Sale Price

Nutri Crafters 1-800-240-8109

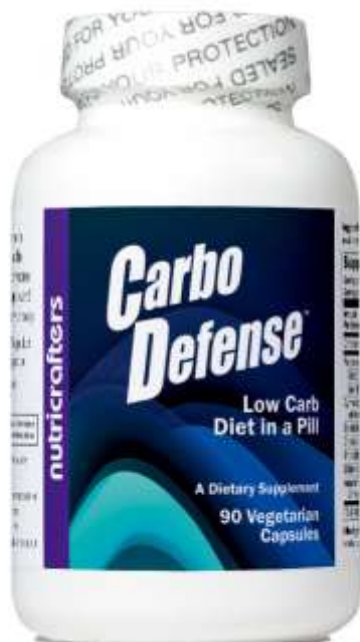
Carbo Defense™

Carbo Defense™ is formulated with advanced nutrients to help block the negative effects of dietary carbohydrates. By slowing carbohydrate absorption and improving insulin regulation, you may expect a reduction in appetite, better weight management, and increased longevity.

Suggested Use: 1-2 capsules with each meal or snack (3-6 capsules per day)

Supplement Facts	
Serving size 1 capsule	
Servings per container 90	
Amount Per Serving	% Daily Value
Chromium (polynicotinate) 60 mcg	50
Proprietary Blend 200 mg	*
Oolong Tea Extract, leaf	
Green Tea Extract, leaf	
Gymnena Sylvestre Extract, leaf 75 mg	*
Banaba Extract, leaf 60 mg	*
Cinnamon Extract, bark 50 mg	*
Bitter Melon Extract, fruit 100 mg	*
Mulberry Extract, leaf 40 mg	*
Vanadium (vanadyl sulphate) 20 mcg	*
* Daily Value not established.	

Other ingredients: Vegetarian capsule and ascorbyl palmitate.



Carbo Defense

\$34.95 Retail

\$26.21 Sale Price

Statements in this catalog have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Research on C-8 MCT Oil Shows Brain Preserving Benefit.

There is new exciting information now available about MCT oil. If you currently use MCT oil, this updated information may impact your shopping decisions. If you are new to MCT Oil, this is one of the top 10 supplements you should consider to support your brain and your body.

MEDIUM CHAIN TRIGLYCERIDES

Medium Chain Triglycerides, also known as MCT oil, have many beneficial health promoting properties. The most interesting is that the body will not store MCT like most fats and oils. When MCT oil is consumed, it is rapidly converted to energy producing ketones or excreted. Another exciting fact about MCT oil is the ketones produced provide cellular energy very quickly - without relying on glucose. This is particularly significant when the supply of glucose is compromised due to insulin resistance, a common health concern.

And there is good cause for concern. Insulin resistance is a growing health concern and predisposes many serious health problems. Between 1994 and 2002, a 23% growth rate brought the number to 6.8% of the total U.S. population.

More About Ketones

A Ketogenic Diet involves limiting carbohydrates to increase the levels of circulating ketones. The reduction in carbohydrates signals the liver to produce ketones from fats. This process alters the energy metabolism from a typical carbohydrate to glucose system to a fat to ketone system.

The ability for the body to run on either energy source is one that has allowed us to survive throughout the ages on many different food sources. The prevalent supply of carbohydrates available in the modern diet has almost eliminated the need for the ketone energy pathway. As with anything that is not used, this energy system has become weak and inefficient.

MCTs and Weight Management

Quite simply, we are talking about the body's ability to burn fat to create energy. So as you might guess, consumption of MCT oils may benefit weight management. MCT oils not only avoid the traditional fat storage route, they also awaken this substitute energy route. The more active this system is, the more likely we will use body fat for energy production.

MCT's and Cellular Function

We become more insulin resistant as we age. In fact, insulin resistance is becoming common in all age groups. This syndrome is caused by an abundance of circulating insulin resulting from consumption of excess carbohydrates and/or lack of energy expenditure. The result of too much insulin is that the cells resist the normal intake of glucose and energy deficits result.

As cellular energy is disrupted, cellular death can result creating a domino effect that may interfere with normal body functions.

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Ketones to the Rescue

When an energy deficit results from a lack of cellular glucose due to insulin resistance, ketones may provide the energy needed for cellular survival. Ketones are primarily produced by the liver and can also be produced as needed from fats stored in close proximity to the energy requirement. While this process can avoid cellular death when circulating ketones are not available, left unchecked, it can create other problems.

MCT's and the Brain

So as brain cells need energy in a state of insulin resistance, and circulating ketones are not available due to the common high carbohydrate diet, ketones will be produced from localized fat to supply the local energy requirement. As the brain is primarily comprised of fat, I hope you see the problem. In order to supply short-term energy requirements, certain fats within the brain will be used to create ketones to produce cellular energy. It is these fats that form the interworking of our brain and support overall brain function including memory and cognition.

The process of energy production to support cellular survival will preference short-term needs at the expense of long-term function. Dr. Bruce Ames first postulated this "triage" theory some 10 years ago. While his theory was focused on micronutrients, the idea is similar. If your body has a limited supply available, the priority will be focused on survival. In the case of the brain, autonomic function will be prioritized over higher brain function such as memory and cognition.

Reducing Addictive Carbohydrate

Those who have tried reducing or eliminating carbohydrates know that they have an addictive quality. The first week of carbohydrate avoidance can produce some strong cravings that are hard to overcome. Once ketones are produced these cravings subside. A specific type of MCT called C-8 is far more effective at producing ketones than other MCT oils.

What is C-8 MCT?

Most MCT oils consist primarily of C-8, C-10, and C-12 carbon lengths. While these are good general purpose oils that will not store as fat, the ketone potential is limited. As I mentioned earlier, C-8 MCT oil is rapidly converted to energy producing ketones or excreted. Most people can't tolerate the multiple tablespoons of traditional MCT oil required to stimulate meaningful amounts of ketones. Stomach upset and diarrhea are the likely result. Only C-8 MCT oil supports an abundance of ketones with a dosage free of gastric side effects. With the lower dosage comes a lower calorie content and more effective stimulation of the fat to ketone energy cycle.

C-8 MCT oil supports the production of ketones which can be used by the brain as an alternative energy source. As C-8 MCT's produce ketones and do not get stored as body fat, weight management and rapid energy production are additional benefits.

See page 12-13 for product listings

EDTA Chelation Formulas

We are proud to offer EDTA oral chelation solutions to protect against the common environmental toxins of modern day living.

Designed to be taken in between meals, Protect EDTA reduces heavy metals stored throughout the body. Heavy metals interfere with many biochemical reactions. Reducing these contaminants supports the structure and function of the cardiovascular system.

Taken with meals, Protect Multi provides the mineral replacement required during chelation therapy as well as vitamins, minerals, and amino acids to detoxify common environmental pollutants. See pages 38 & 39 for listing

As an alternative to the multivitamin, **Protect Minerals™** provides mineral replacement required during chelation therapy. Take with meals and at bedtime for a great night's sleep. See page 41 for listing

Protect EDTA™ contains multiple ingredients to chelate and detoxify environmental contaminants. Protect EDTA contains a superior form of EDTA chelated to calcium, and sodium. This mineral chelate provides safe, mild, and effective heavy metal chelation. See page 40 for listing

Enhanced EDTA™ contains EDTA combined with Malic Acid to enhance detoxification See page 28 for listing